

**EAST DISTRICT
CROSS COUNTRY CHAMPIONSHIPS
SATURDAY 6th DECEMBER 2008
CUPAR
Bell Baxter Academy**

RACE	START TIME	NUMBERS
UNDER 13 GIRLS	12.30	GREEN
UNDER 13 BOYS	12.45	BLUE
UNDER 15 GIRLS and		GREEN
UNDER 17 WOMEN	1.00	WHITE
UNDER 15 BOYS	1.20	WHITE
SENIOR / JUNIOR WOMEN	1.35	WHITE
UNDER 17 MEN	2.05	BLUE
SENIOR / JUNIOR MEN	2.30	WHITE

OFFICIALS

Referee	Ron Morrison
Clerk of Course	Dave Francis
Judges/Funnels	Ian Clifton (Chief), Neil Donachie, Marion Donachie, Andy Law
Recorders	Ian Hislop (Chief), Alan Smith, Norman Gould
Timekeepers	Joe Bruce (Chief), Alan Carruthers
Time Recorder	Ian Mann
Marksman	Fred McCluskie
Starter/Assist Ref	Dave Cairns
Announcer	Murdoch McGregor
Declarations	Jen Jackson, Phyllis Law
Results	Peter Jackson, Sheila Smart, Marjory Cook
Presentations	Sandra Hardacre
Course Marshals	Members of Fife AC
Convenor	Alex Jackson

	DISTRICT CHAMPIONSHIPS FINISHERS								
EAST	VENUE	U13G	U15G	U17W	WOMEN	U13B	U15B	U17M	MEN
1995	Edinburgh	49	38	31	64	55	58	54	240
1996	Aberdeen	44	28	19	32	39	47	33	207
1997	Edinburgh	42	26	20	66	37	36	34	305
1998	Galashiels	35	32	12	60	38	29	33	210
2000	Alloa	34	20	12	61	40	29	21	224
2001	Edinburgh	26	23	9	62	39	32	20	250
2002	Livingston	30	21	8	56	33	35	27	211
2003	Edinburgh	35	27	8	61	33	39	25	232
2004	Falkirk	39	27	14	83	53	35	24	242
2004/5	Stirling	44	38	14	94	52	52	31	239
2005/6	Aberdeen	34	36	15	67	26	34	30	163
2006/7	Galashiels	41	46	17	91	31	36	31	217
2007/8	Stirling	43	40	22	115	39	45	32	247
2008/9	Cupar								

RACE	TIME	LAPS	DISTANCE
Under 13 Girls	12.30	$\frac{1}{2}$ Lap of A - Lap of B - $1\frac{1}{4}$ Lap of A	3,200 metres
Under 13 Boys	12.45	$\frac{1}{2}$ Lap of A - Lap of B - $1\frac{1}{4}$ Lap of A	3,200 metres
U15 Girls and			
U17 Women	1.00	$\frac{1}{2}$ Lap of A - B - C - D - $1\frac{1}{4}$ Lap of A	4,400 metres
Under 15 Boys	1.20	$\frac{1}{2}$ Lap of A - B - C - D - $1\frac{1}{4}$ Lap of A	4,400 metres
Sen/Jun Women	1.35	$\frac{1}{2}$ Lap of A - (B - C - D) x 2 - $1\frac{1}{4}$ Lap of A	6,400 metres
Under 17 Men	2.05	$\frac{1}{2}$ Lap of A - (B - C - D) x 2 - $1\frac{1}{4}$ Lap of A	6,400 metres
Sen/Jun Men	2.30	$\frac{1}{2}$ Lap of A - B - C - D - E back to Lap of A - B - C - D - E - Finish	10,000 metres

All races do $\frac{1}{2}$ Lap of A to start *

All races except Senior/Junior Men do $1\frac{1}{4}$ Laps of A to Finish *



Under 13 Girls

RACE STARTS 12.30

Aberdeen AAC

128 Eilidh Prise

129 Anna McErlean

130 Becky Cheyne

Banchory Stone

131 Clare Gibson

132 kelsey stewart

Carnegie H

133 Aurelie Thompson

Central AC

134 Kathryn Gillespie

135 Roisin Bonucchi

136 Tara Walls

137 Emily Greenan

138 Laura Clarke

139 Farren Parkins

140 Lisa Hardman

141 Roanna Fraser

142 Abbie Watson

143 Isla Burns

Dundee Hawkhill

144 Kirsty M Reynolds

145 Rosanna Stewart

146 Aneila Mellish

147 Beth Curtis

148 Kim Barton

Edinburgh AC

149 Alexandra Hunter

150 Anna Hyde

151 Emily Strathdee

152 Hannah Cameron

153 Rosie Wilson

154 Georgina Loudon

155 Millie Brown

156 Claire Prentice

157 Joanna Prentice

Falkirk Victoria H

158 Julie Nimmo

159 Katherine Mitchell

160 Helen Ainslie

161 Jessica Stevenson

162 Keri Greig

163 Samantha Eadie

Fife AC

164 Charlotte Lorimer

165 Stephanie Pennycook

166 Rosabel K Kilgour

Gala Harriers

167 Skye Shiell

168 Kerry Sandilands

169 Katherine Arkley

170 Alison Brown

Harmeny AC

171 Alison Broadhurst

Lasswade AAC

172 Amy Smith

173 Amy Frankland

174 Kirsty Purves

175 Fiona Mathieson

176 Sally Redpath

Lothian RC

177 Lauren Arbuckle

178 Alice Horsburgh

Moorfoot Runners

179 Sophie Collins

Musselburgh AC

180 Kerry Morris

Perth Strathtay

181 Iona Tavendale

Pitreavie AAC

182 Katey Turner

183 Eilidh Reid

184 Sara Eydmann

185 Amy McAlpine

186 Rachel Hunter

Teviotdale Harriers

187 Catherine Mercer

188 Louise Mercer

Under 13 BOYS RACE STARTS 12.45

Aberdeen AAC

130 Alec I Young 131 Liam Rae 132 Robert N Walton

Central AC

133 Malcolm English 134 Nathan Betton 135 Philip Wright 136 Alexander Semple
137 Liam McCabe 138 Domenico Angiolini 139 Joe Little

Corstorphine AAC

140 Alexander Wilkie 141 Daniel Johnston 142 Jack Brown 143 Matthew Galloway

Dundee Hawkhill

144 Harry Ogilvie 145 Murray Angus

Dunfermline & W Fife

146 Rora Muir

Edinburgh AC

147 Jake Kerr 148 Robert Bough 149 Jack Harrison 150 Michael Cameron
151 Dominic O'Hare 152 Gregor Burns 153 Patrick Ryan 154 Calum Robertson
155 David Reed 156 Jacob Hunter 157 Andrew Loudon

Falkirk Victoria H

158 Baillie McRoberts 159 Aidan Hilton 160 Alastair Kirkwood 161 Ruari Kirkwood
162 Craig Mitchell 163 Fraser Baird

Fife AC

164 Euan Berry 165 Glen Gardiner 166 James Killeen 167 James Pennycook
168 Logan Rees

Gala Harriers

169 David Bonnar 170 Rowan Marr

George Heriots

171 Cameron Jeffrey 172 Iain Lindsay 173 Ben Phelps 174 Fraser Christie
175 Alistair Cranston

Lasswade AAC

176 Jamie Cousin 177 Callum Clark 178 Calum A MacKenzie 179 John Wyse
180 David Wyse

Moorfoot Runners

181 Jacob Adkin

Musselburgh AC

182 John Archer

Perth Strathtay

183 Michael Gillespie 184 Jacob Lewis

Pitreavie AAC

185 Ben Potrykus 186 Aidan Thompson 187 Liam Young 188 Daniel Clark

Teviotdale Harriers

189 Gordon Armstrong

Under 15 Girls**RACE STARTS 1.00pm****Aberdeen AAC**

190 Abbie Buchan

191 Katie Bain

192 Kate Murdoch

Banchory Stone

193 Rachel Smith

Central AC

194 Julie Cook

195 Rachel Adamson

196 Amy Hendry

197 Shona Buchanan

198 Imogen Burnell

199 Stacey Hardman

200 Cairry McNeil

201 Kirsty Buchanan

202 Molly Tweedle

Corstorphine AAC

203 Anna Hulme

204 Claire Sloan

205 Isabelle Bough

206 Lisa Christy

Dundee Hawkhill

207 Iona Brodie

208 Georgina Black

209 Louisa Stewart

210 Aeron Mellish

211 Amy Barton

Edinburgh AC

212 Olivia Mackenzie

213 Rachael Dunn

214 Blair Wood

215 Olivia O'Hare

216 Laura Robertson

217 Emily Owens

218 Caitlin Gray

219 Kirsten Peters

220 Tatiana Spens

Falkirk Victoria H

221 Sarah Hamilton

222 Lucy Mitchell

223 Caitlin Thomson

224 Jane Ainslie

225 Amy Manson

226 Claire Barr

Fife AC

227 Grace Collison-Owen

228 Olivia Collison-Owen

229 Robyn Graham

230 Flora Ogilvy

231 Halina Rees

Gala Harriers

232 Alice Haining

233 Charlotte Brown

234 Martha Douglas

235 Lucy Morris

236 Hannah Jones

237 Emily Jones

238 Laura Anderson

239 Claire White

Lasswade AAC

240 Madeleine Sweeney-Baird

241 Rachel Wyse

242 Connie Redpath

243 Amy Crooks

Perth Strathtay

244 Emily Tait

Pitreavie AAC

245 Micaela Brown

246 Kathryn Pennel

247 Paige Graham

Under 15 Boys RACE STARTS 1.20pm

Aberdeen AAC

351 Craig Wallace

Banchory Stone

352 Michael Ferguson

353 Andrew Melvin

354 Jamie Andrew

Carnegie H

355 Fergus McGaw

Central AC

356 Alexander Coubrough

357 Gordon Milne

358 Roddy Irvine

359 Sam Fraser

360 Logan Bonar

361 Tom Watson

362 Ross Milne

Corstorphine AAC

363 Christopher Galloway

364 Dugald Hepburn

365 Craig Nolan

366 Callum Smith

Dundee Hawkhill

367 Michael Overend

368 Shaun Dempsey

369 Jamie Crowe

Dunfermline & W Fife

370 Craig Stephen

Edinburgh AC

371 Jake Wightman

372 Sam Wightman

373 Peter Cameron

374 Tom Holligan

375 Ruaridh Miller

376 Ciaran Turton

377 Matthew Grundy

378 Duncan Arnott

Falkirk Victoria H

379 Ben Stevenson

380 Mark Govan

Fife AC

381 Adam Harris

382 Callum McCracken

383 Ryan McIntosh

384 Ewan Paton

George Heriots

385 James Elliott

386 Max Ferguson-Hook

387 Sandy Thin

388 Oliver Johnston-Watt

389 Sam Harrison

Lasswade AAC

390 Ryan Cook

Perth Strathtay

391 Alex Jardine

392 Patrick Gillespie

393 Andrew Forsyth

394 Euan Holmes

Pitreavie AAC

395 Callum McQueen

396 Scott McAlpine

397 Ewan Dyer

Teviotdale Harriers

398 Josh Noble

399 Keith Learmonth

Under 17 Women RACE STARTS 1.00pm

Aberdeen AAC

154 Rachel Armitage

155 Ellie Buchan

156 Kerry Prise

157 Ashleigh Brand

Banchory Stone

158 Megan Albon

159 Rhona Auckland

Central AC

160 Catriona Buchanan

161 Rosie Hastings

Corstorphine AAC

162 Eilidh Nolan

Dundee Hawkhill

163 Emily Stewart

164 Sarah Kelly

Dunfermline & W Fife

165 Laura Muir

Edinburgh AC

166 Emily Dudgeon

167 Samantha Blair

168 Claire Florence

169 Laura Goodson

Fife AC

170 Fiona Bracegirdle

171 Lucy Duff

Gala Harriers

172 Gillian Inglis

Lasswade AAC

173 Kathryn Peacock

Livingston & Dist

174 Amanda Campbell

Lothian RC

175 Lana Turnbull

176 Rachael McIlwraith

Moorfoot Runners

177 Scout Adkin

Perth Strathtay

178 Shoni Tavendale

179 Rachel Clark

Pitreavie AAC

180 Natalie Fox

Under 17 Men

RACE STARTS 2.05

Aberdeen AAC
199 Ryan Gauld

Banchory Stone
200 Stewart Clark 201 Robbie Simpson

Carnegie H
202 Calum McGaw

Central AC
203 David MacKinlay 204 Sandy MacLarty 205 Christopher Clarke 206 Andrew Butchart
207 Scott Green 208 David Hutchison 209 David Lindsay

Corstorphine AAC
210 Andrew Christy 211 Fraser Scott

Dundee Hawkhill
212 Steven Lyall 213 Adam Guthrie 214 Howell Craske 215 Paul Dempsey
216 Reuben Toy

Dunfermline & W Fife
217 Owen Miller

Edinburgh AC
218 Andrew Crichton 219 Fraser Mann 220 Marcus Cram 221 Marc Robson
222 Callum Wilson 223 Adam Jack 224 Nikhil Mair 225 Edward Dudgeon
226 Ben Smith 227 Tom Ryan 228 Peter Loudon

Falkirk Victoria H
229 Euan Martin

Fife AC
230 Mark S Buchan 231 Andrew Hood 232 Liam Hutson

Gala Harriers
233 Andrew McCrirrick

George Heriots
234 George Poolman 235 Gordon Revolta 236 Ross Christie 237 William Johnstone
238 Roger Poolman 239 Grant McEwan 240 Fraser Gunn

Lasswade AAC
241 Ross Matheson

Livingston & Dist
242 Craig McDowall

Lothian RC
243 Alastair Robertson

Perth Strathtay
244 Douglas Lambie 245 Michael Jardine 246 Craig Ritchie 247 Andrew Davidson
248 Ben MacKinnon

Pitreavie AAC
249 Craig Robinson

Teviotdale Harriers
250 Mark McEwan

Senior/Junior Women RACE STARTS 1.35pm

Aberdeen AAC

1 Sonia Armitage (F45)	2 Rhona Buchan (F40)	3 Fiona Rudkin	4 Marie Dobson
5 Sarah Dunn (F40)	6 Paula Davies (U20)	7 Christie Noble (U20)	8 Siobhan Prise (U20)
9 Hilary Armitage (U20)	10 Laura Hepburn (U20)	11 Freyja Prentice (U20)	

Anster Haddies

12 Debbie Hay (F40)	13 Christine Bowie (F45)	14 Tracy Chalmers
15 Jacqueline Murray (F45)		

Carnegie H

16 Fabienne Thompson (F40)	17 Morna Fleming (F50)	18 Gail Murdoch (F40)
19 Linda James (F40)	20 Lesley Halstead (F35)	21 Julie Humphreys (F45)
22 Gillian McCracken (F40)	23 Susan Walker (F45)	24 Helena Sim (F45)

Carnethy HRC

25 Angela Mudge (F35)	26 Jacqui Higginbottom (F40)	27 Lyn Wilson (F35)	28 Kate Friend (F40)
29 Phillipa Headley (F35)			

Central AC

30 Hazel Dean (F45)	31 Alison Docherty	32 Jennifer Emsley	33 Sarah Wiseman
34 Jane Waterhouse (F50)	35 Stephanie Loach	36 Fiona Kelsall (F35)	37 Isla Campbell
38 Emma Waterhouse	39 Morag MacLarty	40 Fiona Thompson	41 Alayne Finlay
42 Kayleigh McGurk (U20)			

Corstorphine AAC

43 Eve Ritchie	44 Kerry Porter (F35)	45 Beverley Christy (F45)	46 Megan Smith (U20)
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Dunbar R C

47 Anne Hay (F45)

Dundee Hawkhill

48 Laura Brown	49 Lyndsey Aitken	50 Julia Orr	51 Kelly-Anne Speight
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Dundee Road R

52 Jane Dunlop	53 Morag Taggart (F45)
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Edinburgh AC

54 Nicola Gauld	55 Joanne Thom	56 Freya Murray	
57 Jennifer MacLean (F35)	58 Sharyn Ramage (F45)	59 Karen Dobbie (F40)	60 Lianne Logan
61 Vicky Frew	62 Niamh Devlin	63 Victoria Lomax	64 Susan Ridley (F40)
65 Sarah Hood	66 Hayley Ovens	67 Marietta Beal (F35)	68 Debra Murray
69 Morag Macniven	70 Katja Eravisto	71 Lauren Stoddart (U20)	

Edinburgh Uni

72 Briony Curtis	73 Hannah Edwards	74 Sarah Louise Johnson	75 Melissa Birbeck (U20)
76 Heidi Nicholson (U20)			

Falkirk Victoria H

77 Janette Stevenson (F50)	78 Lorna Dewar (F45)	79 Christine Eadie (F40)	80 Michelle Russell
81 Elaine Thomson			

Ferranti AAC

82 Julia Drewer Sanchez (F35)	83 Elizabeth Gilchrist (F60+)	84 Claire Gilchrist (F40)	85 Susana Gonzalez-
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Fife AC

86 Innes Bracegirdle (F50)	87 Sarah Cullen	88 Nikki Harrison	89 Angela Howe (F35)
90 Liz Killeen (F40)	91 Charlotte Kirby (F40)	92 Anita Laidlaw	93 Sarah Legge (F35)
94 Dorothy McCracken (F45)	95 Sarah McHugh	96 Margaret McLaren (F50)	97 Morgan Murphy
98 Johanna Paananen (F35)	99 Louise Provan	100 Hilary Ritchie (F45)	101 Jocelyn Scott (F50)
102 Helen Sharpe	103 Lorna Sibbett (F40)	104 Catharine Sinclair (F40)	105 Fiona Walker (F40)
106 Morgan Windram-Geddes			
107 Anne Lloyd-Evans (U20)			

Gala Harriers

108 Gillian Duncan (F35) 109 Katy Anderson 110 Leanne Haining (F40) 111 Dianne Lauder
112 Fiona Dalgleish (F35)

Harmeny AC

113 Lorna Broadhurst (F45)

Hunters Bog T

114 Jessica Batterham 115 Christine Buckley (F35) 116 Claire Gordon 117 Miranda Grant
118 Jane Hart (F35) 119 Kate Jenkins 120 Isobel Knox
121 Deborah MacDonald (F45) 122 Morag McCracken 123 Shona McIntosh 124 Fionn Nairn (F45)
125 Rose Nicholson 126 Eilis O'Neill 127 Sandra Rathjen (F35) 128 Janice Smith (F50)
129 Rosie Smith 130 Margaret Spalding 131 Claire Ward 132 Eilidh Wardlaw
133 Megan Wright (F35)

Lasswade AAC

134 Lorna Rice (F35) 135 Margaret Imlah (F50) 136 Wilma Kerr (F40)

Lothian RC

137 Saran Jones (F45) 138 Lorna Eades (F40) 139 Margaret Turnbull (F50) 140 Lynne Murray (F40)
141 Jill Horsburgh (F45) 142 Helen Murray (F45) 143 Carol Mabon (F50) 144 Edel Mooney
145 Sarah Inglis (U20) 146 Mhairi Inglis (U20)

Moorfoot Runners

147 Alexandra Campbell (U20)

Penicuik Harriers

148 Sarah Blake

Pitreavie AAC

149 Lauren Candlish 150 Siobhan Coleman (U20)

St Andrews Uni

151 Gardner Moore 152 Hendrickje Windisch 153 Megan Crawford (U20)

Senior/Junior Men RACE STARTS 2.30

Aberdeen AAC

1 Benjamin Hukins	2 Frank Boyne (M40)	3 David Duguid (M40)	4 Darren Shinnie
5 Mark Haskett (U20)	6 Myles Edwards (U20)	7 Ross Fulton (U20)	8 James Joy (U20)
9 Cameron Strachan (U20)	10 Rory Leslie (U20)		

Anster Haddies

11 David Burgess (M35)	12 Ian Shield (M55)	13 Christopher Broome (M50)	14 Ross Moreland
15 Stewart Barnett (M45)	16 Colin MacKintosh (M45)	17 Allan Gibson (M55)	18 Murray Barnett (U20)

Arbroath & Dist

19 Lewis Morrison (U20)

Carnegie H

20 Ian Johnston (M50)	21 Peter Simpson (M45)	22 Thomas Lawrence (M35)	23 David Greig (M35)
24 Simon Plummer	25 Nicholas Weir (M35)	26 Lewis Lawson (M45)	27 Ian Stewart (M50)
28 Stephen Greer (M50)	29 Roger Clark (M35)	30 John Fulham (M35)	31 Mike Harvey (M45)
32 Kevin Mathie (U20)	33 Peter Humphreys (M40)	34 Alexander Nicol (M60+)	35 Phil Smithard (M60+)
36 Steven King (M35)	37 Campbell Reid (M35)	38 Steven Ogg (M40)	
39 Allan Fotheringham (M40)			

Central AC

40 Robert Russell	41 Alastair Hay	42 Ross Houston	43 Alasdair Anthony
44 Lewis Millar	45 Michael Wright	46 Alex Milne (M40)	
47 Robert Hutchison (M45)	48 David Hay (M55)	49 Philip Hendry (M45)	50 Murray MacLarty
51 Ian McDonald	52 Hugh Buchanan (M45)	53 Liam McCabe (M45)	
54 James Drummond (M55)	55 David Eiser	56 Robert Wiseman	57 John Millar (M55)
58 Kyle Cowie	59 Steve Laing (M50)	60 Domenico Angiolini	61 William Gault (M60+)
62 David Lindsay	63 David Armour (M40)	64 Miguel Merayo	65 Stuart Watson (M45)
66 James Spalding (M50)	67 Will Hensman	68 Fraser Purves (M35)	69 Christopher McHardy
70 Scott McDonald (U20)	71 Alexander Hendry (U20)	72 Sean Reilly (U20)	73 Jonathan Tolson (U20)

Corstorphine AAC

74 Keith Hood (M35)	75 Kris Berry	76 Tom Ferrington	77 Christopher O'Brien
78 Scott Pilkington	79 Douglas Selman	80 Bryan Clark	81 Martin Caldwell (M55)
82 Christopher Peggie	83 Grant Wilkie (M40)	84 Kenneth Stewart (M45)	85 Peter Hubbard
86 Bruce Malcolm (M40)	87 Steven Blair (M40)	88 Michael Anderson (M35)	89 David Law (M45)
90 Jan-Bert Van Den Berg (M45)		91 Shaun Cavens (M45)	92 Alex Cumming
93 John Christy (M45)	94 Martin Hulme (M55)	95 Calum McKenzie (U20)	

Cosmic Hillbashers

96 Stuart Hunter (M40)

Dunbar R C

97 George Gilhooley (M45) 98 Stuart Hay (M45) 99 Ian Rowland (M45)

Dundee Hawkhill

100 Charles Haskett (M50)	101 Neil Gunstone	102 Stephen Borland (M50)	103 Stuart Kerr (M50)
104 Desmond Crowe (M45)	105 Stephen Cromar (M60+)	106 Antony Robinson	107 Craig Love (M35)
108 Richie Nicoll	109 Joe Symonds	110 Roger Van Gompel (M35)	
111 Alistair Macdonald (M45)	112 Stephen Mason (M40)	113 Ged Keane (M40)	114 Matthew White (U20)

Edinburgh AC

115 Roger Alsop (M40)	116 Dermot Bailie	117 Graham Beal (M35)	118 Matthew Bell
119 Stephen Booth	120 O Bristow	121 Graeme Brown (M35)	122 Keith Dunlop
123 Martin Ferguson (M40)	124 M Fraser	125 William Gallacher (M55)	126 Richard Hope (M45)
127 Brian Howie (M55)	128 Scott Innes (M35)	129 Marek Jurasinski	
130 Andrew Laycock (M40)	131 Seamus Keely	132 Keith Lyall (M45)	133 R Mathieson
134 Richard Meade	135 R Mitchell (M35)	136 Walter McCaskey (M60+)	137 Stephen Maniam
138 Nigel Munro (M45)	139 Lars Ottemoller (M35)	140 Adam Priestley	141 Bill Rubie
142 Grant Stewart	143 Eric Stevenson (M55)	144 Neil Thin (M45)	145 Adam Ward (M45)
146 Iain Whitaker	147 Steven Wales (M35)	148 Ryan O'Hare	149 Chris O'Hare (U20)
150 Darren Steel (U20)	151 Stewart Fraser (U20)		

Edinburgh Uni

152 Yujiro Iida	153 Nairn McWilliams	154 Scott Fraser	155 Duncan Coombs
156 Craig Dale	157 James Tullie	158 Will Hugh Bailey	159 Doug Tullie
160 Iain Clarke	161 Ales Drahokoupil	162 Mark Nixon	
Falkirk Victoria H			
163 John Denholm (M55)	164 David Bunyan (M55)	165 Alasdair Stewart	
166 Andrew Ronald (M40)	167 David Murray (M50)	168 Gary Smith	169 Alexander Davidson
170 Stephen Moore (M40)	171 John Martin (M50)		
Ferranti AAC			
172 Keith Weston (M60+)	173 Robert Miller (M45)	174 Walter Fairnie (M45)	175 Trevor Ridley (M55)
176 Keith Nicol (M55)	177 John Gavin (M55)		
Fife AC			
178 Bryce Aitken (M45)	179 David Anderson (M45)	180 Alastair Bagnall (M50)	181 Daryl Beggs
182 Graham Bennison (M60+)	183 Ken Berry (M45)	184 Thomas Bowie (M60+)	
185 Andrew Brierley (M40)	186 Daniel W Clarke	187 Brian Cruickshank (M40)	188 Adrian Davis (M45)
189 Bill Fairmaner (M40)	190 Sam I Graves (M60+)	191 Douglas Gunstone (M55)	192 Mark Harris (M35)
193 Ian Hawkins (M45)	194 Alasdair Hood (M50)	195 Jacob Howe (M35)	196 Martin Hutson (M45)
197 John Kay (M45)	198 Graham Kirby (M40)	199 Martin Laing (M50)	200 Stewart Leckie (M45)
201 Matthew MacPherson	202 Alan McLeod (M60+)	203 Kenneth Mcleod	204 Andrew Milne (M40)
205 Terry Mitchell (M45)	206 Stephen Moffatt (M40)	207 Daniel Newman (M40)	208 Maurice Paterson
209 Steven Pennycook (M45)	210 Frank Popham (M35)	211 Davie Pugh	212 Roger Rees (M40)
213 Alastair Robertson (M60+)	214 Douglas Robertson (M45)		215 Craig Ross (M50)
216 Christopher Russell (M35)	217 Eddie Sanders (M55)	218 D.Melville Scobie (M60+)	219 Tom Scott (M55)
220 Steven Shanks (M40)	221 David Shepherd (M45)	222 David Sleigh (M40)	223 Bill Smith (M35)
224 David Smyth (M40)	225 Robert Stark (M60+)	226 James Taylor (M50)	
227 Robert Thornton (M50)	228 Jez Tomlinson (M45)	229 Andrew Wright (M60+)	230 Neil Young (M35)
Gala Harriers			
231 Graeme Murdoch	232 Euan Jardine	233 Derrick Brydon (M35)	234 Gregor McAneny
235 Fergus Johnston	236 Magnus Inglis	237 Anthony Lunn (M40)	238 Alistair Wright (M50)
239 David Darroch (M45)	240 Alistair Laurie (M45)	241 Graham Pogson (M45)	242 Alan Goodson (M45)
George Heriots			
243 Mark Shand (U20)	244 Douglas Cameron (U20)	245 Matthew Haigh (U20)	
246 David Armstrong (M50)			
Haddington ELP			
247 George Armstrong (M60+)		248 Frederick McCain (M60+)	249 Sandy Wallace (M55)
250 Paddy McDonald (M55)			
Harmeny AC			
251 Robert Turner (M35)	252 Thomas White (M50)	253 Gavin Orr (M35)	254 Paul Houston
255 Alan Kerr (M50)	256 Frank Tooley (M45)	257 Iain Morrice (M55)	
258 Paul Thompson (M40)			
Hunters Bog T			
259 Duncan Baker (M50)	260 Tom Barr (M35)	261 Stewart Barrie (M40)	262 Daniel Beckett
263 Steven Cairns (M40)	264 Ian Campbell (M40)	265 Daniel Gay	
266 John Hampshire (M40)	267 Alistair Hart (M35)	268 Craig Hunter (M50)	269 John MacPherson
270 Will Mair	271 Paul Manson	272 Craig A McBurney (M40)	273 Peter McClelland
274 Billy Minto (M45)	275 Philip Mowbray (M35)	276 Rupert Nash	277 Donald Naylor (M35)
278 Patrick O'Kane (M45)	279 Jon Rathjen (M35)	280 Mark Roberts (M35)	281 Murray Strain
282 Jamie Thin (M40)	283 Robin Thomas (M50)	284 Will Townsend	285 Richard Wall (M50)
286 Ray Ward	287 James Williamson	288 David Wright	
Individual			
289 Andreas Wilhelm (M35)			
Lasswade AAC			
290 Barney Phillips	291 John Murray	292 Kirk Smith (M40)	293 Richard Connor
294 Alan McFadden (M45)	295 Paul Elliot	296 Niall Sheehan	297 Ben Mitchell (M35)
298 Ross Finlayson	299 Martin Gore	300 Daniel Mulhare	
Lothian RC			
301 Kenton Jones (M45)	302 Steve Dempsey (M55)	303 David Eades (M40)	304 Ross Milne

305 David Berrill 309 Robert Inglis (U20)	306 Scott Nelson (M40)	307 David Mabon (M55)	308 Mark Kassyk (M50)
Medway & Maidstone 310 Neil Renault			
Musselburgh AC 311 Gordon Eadie (M45)			
Ochil Hill Runners 312 Ron McCraw (M50) 316 Ross McLennan			
313 Peter Buchanan (M45)	314 James MacEwan (M40)	315 Brad Connor (M35)	
Perth Strathtay 317 Stephen Ferguson (M50) 320 Simon Grieshaber (M40)			
	318 David Knight (M35)	319 David Norrie (M50)	
Pitreavie AAC 321 Barry Davie 325 Paul McCloskey 329 Derek Simpson 333 Tom Fleming (U20)			
322 Neil Maclachlan 326 Colin Beveridge 330 Andrew Le Good (M50)	323 Archibald Duncan (M60+) 327 Graeme Crane 331 Craig Robertson	324 Jeff Farquhar (M50) 328 Colin Simpson (M50) 332 Stephen Skene (M40)	
St Andrews Uni 334 Tom Cunningham 338 Chris Martin (U20)			
335 Myles Bax 339 Nick Guy	336 Alex Gnanapragasm 340 Benjamin Shaps (U20)	337 Russell Hall (U20) 341 Alex Andreov (U20)	
Teviotdale Harriers 342 David Cavers (M45) 346 Alan Coltman (M40) 350 Gareth Mayze (M35)			
343 Darrell Hastie (U20) 347 Iain Williams	344 Craig Grieve (M35) 348 Raymond Jaffray (M40)	345 Alister Biggar (M35) 349 Bill Knox (M55)	